

# CASCADE ATHLETICS

ALWAYS COMPETE | EXPECT VICTORY | WIN CHAMPIONSHIPS



## Cascade High School

6565 S. County Rd. 200 W.

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317-539-9315

www.gocadets.com

Twitter: @Cadethletics

Facebook: Cascade High School Athletics

## THIS WEEK IN SPORTS

### Monday 9/3/2018

No Athletic Events - Labor Day

### Tuesday 8/28/2018

JV Football @ Brown County 6:00pm

### Wednesday 8/29/2018

Freshman Volleyball vs Mooresville 5:30pm

JV Volleyball @ Northview 6:00pm

Varsity Volleyball @ Northview 7:00pm

### Thursday 8/30/2018

Girls Golf vs Cloverdale/OV/Monrovia 4:30pm

Boys Soccer @ Tri-West 5:00pm

Freshman Volleyball @ Plainfield 5:30pm

JV Volleyball @ Monrovia 5:30pm

Varsity Volleyball vs Monrovia 6:30pm

### Friday 8/31/2018

Varsity Football @ Cloverdale 7:00pm

### Saturday 9/1/2018

Jon Mitchell XC Invite 9:00am

Girls Soccer vs Greencastle 10:00am

Boys Soccer vs Greencastle 12:00pm

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# RESULTS

## **CROSS COUNTRY**

8/28 Hendricks County Meet Boys (FOURTH PLACE 93 pts)

8/28 Hendricks County Meet Girls (SECOND PLACE 51 pts)

## **FOOTBALL**

8/31 Brown County (WIN 42-20)

## **GIRLS GOLF**

8/21 Tri-West (LOSS 193-207)

8/25 Western Indiana Conference Championships (POSTPONED DUE TO WEATHER)

## **BOYS SOCCER**

8/27 Western Boone (WIN 3-0)

8/28 Monrovia (TIE 2-2)

8/30 Speedway (LOSS 6-0)

## **GIRLS SOCCER**

8/28 Monrovia (LOSS 3-2)

8/29 Tri-West (LOSS 4-0)

## **VOLLEYBALL**

8/27 North Putnam (LOSS 3-2)

8/28 Danville (LOSS 3-0)

8/30 Southmont (LOSS Lebanon 3-0)

# 2018 - 2019 ATHLETIC BUSINESS PARTNERS



# **2018 - 2019 ATHLETIC BOOSTERS**

***CHAMPION LEVEL (\$100)***

***CADET LEVEL (\$75)***

***BLUE LEVEL (\$50)***

***BLACK LEVEL (\$25)***

# IHSAA TIP OF THE WEEK

Every high school student-athlete faces challenges--in the classroom, in their sport, and even at home. It seems like there is always an obstacle to overcome. When you start becoming successful, a challenge you will face is how will you remain confident without becoming cocky.

A sportswriter recently asked a young professional golfer if you have to be cocky in order to succeed on the PGA Tour? I felt like the answer this pro gave sheds light on a mature approach.

"Inwardly, yes. Obviously you don't want to act that way on the outside, but if you're not confident, you've got no chance."

There's absolutely nothing wrong with believing in yourself. However, if it's taken too far and you start annoying those around you, it does more harm than good. Strive to find that good balance!



## ATHLETIC STAFF

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### Athletic Administration

Athletic Director

Scott Stevens, CAA

Trainer

Anastasia Berkley, ATC/L

### Coaching Staff

Baseball - Ty Foster

Boys Basketball - Chris DuBois

Girls Basketball - David Carpenter

Cheerleading - Ashley Moeller

Cross Country - Nick Puckett

Football - Steve Spinks

Boys Golf - Shawn Alspaugh

Girls Golf - Walter Marshall

Boys Soccer - Kevin Valenti

Girls Soccer - Michael Dorsey

Softball - Robert Dowhen

Swimming & Diving - Paul Williams

Track & Field - TBD

Volleyball - Miranda Maners

Wrestling - TBD

## ANNOUNCEMENTS

All Sport Passes are being sold in the High School Main Office. Passes allow entry to all home High School athletic events except tournaments. Family passes are \$165, Adult Passes are \$50, and Student Passes are \$30. More information at [www.gocadets.com/sports-passes](http://www.gocadets.com/sports-passes)

Want to stay up to date with current athletic schedules? Want to be notified of any weather changes to the athletic schedules? Sign up for Eventlink! You have the ability to select only the sports you wish to follow.

[www.Eventlink.com](http://www.Eventlink.com)

Consider being an athletic booster! 50% of your donation will be applied to the sport(s) of your choice! More information at [www.gocadets.com/booster-club](http://www.gocadets.com/booster-club)

