

# CASCADE ATHLETICS

ALWAYS COMPETE | EXPECT VICTORY | WIN CHAMPIONSHIPS



## Cascade High School

6565 S. County Rd. 200 W.

Clayton, IN 46118

317-539-9315

www.gocadets.com

Twitter: @Cadethletics

Facebook: Cascade High School Athletics

## THIS WEEK IN SPORTS

### Monday 8/27/2018

Girls Golf @ WIC Championship	10:00am
Boys Soccer @ Western Boone	5:30pm
JV Volleyball @ North Putnam	6:00pm
Varsity Volleyball @ North Putnam	7:00pm

### Tuesday 8/28/2018

Girls Golf vs Northview	4:30pm
Coed Cross Country @ County (Danville)	5:00pm
Girls Soccer vs Monrovia	5:00pm
Freshman Volleyball @ Danville	5:30pm
JV Volleyball @ Danville	5:30pm
Varsity Volleyball @ Danville	6:30pm
Boys Soccer vs Monrovia	6:30pm

### Wednesday 8/29/2018

Girls Soccer vs Tri-West	5:30pm
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### Thursday 8/30/2018

Girls Golf @ South Putnam	4:00pm
Boys Soccer @ Speedway	5:30pm
JV Volleyball vs Southmont	6:00pm
Varsity Volleyball vs Southmont	7:00pm

### Friday 8/31/2018

Varsity Football vs Brown County	7:00pm
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### Saturday 9/1/2018

No Events

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# RESULTS

## **CROSS COUNTRY**

8/23 Eminence Eel Invite Boys (FIRST PLACE 30 pts)

8/23 Eminence Eel Invite Girls (FIRST PLACE 15 pts)

## **FOOTBALL**

8/24 Monrovia (LOSS 38-0)

## **GIRLS GOLF**

8/21 Tri-West (LOSS 193-207)

8/25 Western Indiana Conference Championships (POSTPONED DUE TO WEATHER)

## **BOYS SOCCER**

8/23 Edgewood (WIN 4-1)

8/25 Brown County (WIN 3-0)

## **GIRLS SOCCER**

8/21 Western Boone (LOSS 5-2)

8/23 Cardinal Ritter (LOSS 9-1)

8/25 Brown County (WIN 3-2)

## **VOLLEYBALL**

8/21 Indian Creek (LOSS 0-3)

8/22 Owen Valley (LOSS 1-3)

8/25 Lebanon Invite (WIN Fountain C. 2-0, WIN Bethesda 2-0, LOSS Lebanon 1-2)

# 2018 - 2019 ATHLETIC BUSINESS PARTNERS



# **2018 - 2019 ATHLETIC BOOSTERS**

***CHAMPION LEVEL (\$100)***

***CADET LEVEL (\$75)***

***BLUE LEVEL (\$50)***

***BLACK LEVEL (\$25)***

# IHSAA TIP OF THE WEEK

Today, more than ever, it's so important for the student-athlete to understand what is expected of them, both in the classroom and field of play, and want to accomplish those expectations. (There are so many outside influences by personal trainers, tutors and parents.)

How well do you analyze your teachers and coaches? Do you know their expectations? Are you flexible and try to fit in, or are you defiant and want to do things your way?

The student-athlete who truly understands what is expected of them has the greatest chance of achievement.

Instead of worrying about what's best for you, think in a different way. Think about what you must do in order to impress your teachers and coaches, thus giving you a greater opportunity for success!



## ATHLETIC STAFF

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### Athletic Administration

Athletic Director

Scott Stevens, CAA

Trainer

Anastasia Berkley, ATC/L

### Coaching Staff

Baseball - Ty Foster

Boys Basketball - Chris DuBois

Girls Basketball - David Carpenter

Cheerleading - Ashley Moeller

Cross Country - Nick Puckett

Football - Steve Spinks

Boys Golf - Shawn Alspaugh

Girls Golf - Walter Marshall

Boys Soccer - Kevin Valenti

Girls Soccer - Michael Dorsey

Softball - Robert Dowhen

Swimming & Diving - Paul Williams

Track & Field - TBD

Volleyball - Miranda Maners

Wrestling - Travis Hutchison

## ANNOUNCEMENTS

All Sport Passes are being sold in the High School Main Office. Passes allow entry to all home High School athletic events except tournaments. Family passes are \$165, Adult Passes are \$50, and Student Passes are \$30. More information at [www.gocadets.com/sports-passes](http://www.gocadets.com/sports-passes)

Want to stay up to date with current athletic schedules? Want to be notified of any weather changes to the athletic schedules? Sign up for Eventlink! You have the ability to select only the sports you wish to follow.

[www.Eventlink.com](http://www.Eventlink.com)

Consider being an athletic booster! 50% of your donation will be applied to the sport(s) of your choice! More information at [www.gocadets.com/booster-club](http://www.gocadets.com/booster-club)



