

CASCADE ATHLETICS

ALWAYS COMPETE | EXPECT VICTORY | WIN CHAMPIONSHIPS



Cascade High School

6565 S. County Rd. 200 W.

Clayton, IN 46118

317-539-9315

www.gocadets.com

Twitter: @Cadethletics

Facebook: Cascade High School Athletics

THIS WEEK IN SPORTS

Monday 8/20/2018

JV Football vs Monrovia	5:30pm
Freshman Volleyball vs South Putnam	5:30pm

Tuesday 8/21/2018

Girls Golf @ Tri West	4:30pm
Girls Soccer @ Western Boone	5:30pm
Freshman Volleyball @ Beech Grove	5:30pm
JV Volleyball vs Indian Creek	6:00pm
Varsity Volleyball vs Indian Creek	7:00pm

Wednesday 8/22/2018

JV Volleyball vs Owen Valley	6:00pm
Varsity Volleyball vs Owen Valley	7:00pm

Thursday 8/23/2018

Coed Cross Country @ Eminence Invite	5:00pm
Boys Soccer @ Edgewood	5:30pm
Girls Soccer vs Ritter	5:30pm

Friday 8/24/2018

Varsity Football vs Monrovia	7:00pm
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Saturday 8/25/2018

Varsity Volleyball @ Lebanon Invite	9:00am
Girls Soccer vs Brown County	11:00am
Boys Soccer vs Brown County	1:00pm
Girls Golf @ WIC Championship	1:00pm

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RESULTS

CROSS COUNTRY

8/18 Bloomington Early Bird Meet (CANCELLED DUE TO WEATHER)

FOOTBALL

8/17 Danville (WIN 28-21)

GIRLS GOLF

8/13 Brownsburg & Danville (2ND PLACE)

8/15 Greencastle (WIN 211-238)

8/18 Western Boone Invite (14TH PLACE - 419)

BOYS SOCCER

8/14 West Vigo (TIE 2-2)

8/16 South Vermillion (CANCELLED DUE TO WEATHER)

8/18 North Putnam (WIN 3-0)

GIRLS SOCCER

8/13 Edgewood (TIE 3-3)

8/15 Indy Lutheran (WIN 2-0)

8/18 North Putnam (LOSS 2-3)

VOLLEYBALL

8/15 Speedway (LOSS 0-3)

8/16 Cloverdale (LOSS 0-3)

8/18 Covenant Christian Invite (LOSS Covenant 0-2, LOSS Dec. Central 1-2, LOSS Triton 0-2)

2018 - 2019 ATHLETIC BUSINESS PARTNERS



2018 - 2019 ATHLETIC BOOSTERS

CHAMPION LEVEL (\$100)

CADET LEVEL (\$75)

BLUE LEVEL (\$50)

BLACK LEVEL (\$25)

IHSAA TIP OF THE WEEK

With the new school year in full bloom and fall sports taking shape, are you doing a good job of prioritizing what your goals are for this school year? Is it different than last year? What did you learn last year that is guiding your decision making so far this year?

Having been in your shoes before, and speaking on behalf of many other athletes and coaches, your order of priority, when it comes to being a successful student-athlete, should be the following:

First comes the classroom and your academic progress (Develop great study habits). Second, dedicate yourself to the sport you are presently playing or plan to play. Third, balance your social life and social activities (Sacrifices need to be made).

The student-athletes that do the best job of balancing these three different challenges have the best chance of becoming the student-athletes that teachers, high school coaches, and potential college coaches admire the most!



ATHLETIC STAFF

Athletic Administration

Athletic Director

Scott Stevens, CAA

Trainer

Anastasia Berkley, ATC/L

Coaching Staff

Baseball - Ty Foster

Boys Basketball - Chris DuBois

Girls Basketball - David Carpenter

Cheerleading - Ashley Moeller

Cross Country - Nick Puckett

Football - Steve Spinks

Boys Golf - Shawn Alspaugh

Girls Golf - Walter Marshall

Boys Soccer - Kevin Valenti

Girls Soccer - Michael Dorsey

Softball - Robert Dowhen

Swimming & Diving - Paul Williams

Track & Field - TBD

Volleyball - Miranda Maners

Wrestling - Travis Hutchison

ANNOUNCEMENTS

All Sport Passes are being sold in the High School Main Office. Passes allow entry to all home High School athletic events except tournaments. Family passes are \$165, Adult Passes are \$50, and Student Passes are \$30. More information at www.gocadets.com/sports-passes

Want to stay up to date with current athletic schedules? Want to be notified of any weather changes to the athletic schedules? Sign up for Eventlink! You have the ability to select only the sports you wish to follow.

www.Eventlink.com

Consider being an athletic booster! 50% of your donation will be applied to the sport(s) of your choice! More information at www.gocadets.com/booster-club

