



# CASCADE HIGH SCHOOL 2018 COED CROSS COUNTRY



## GIRLS

NAME	GR	
Becca Parsons	12	
Ella Davis	11	
Aubree Whicker	11	
Isabella Eaton	10	
Faith Needham	10	
Molley Cook	9	
Kathryn Tinsley	9	

## BOYS

NAME	GR	
Dalton Broyles	12	
Isaac Hathaway	12	
Nick Jones	12	
Preston Fox	10	
Garrett Hicks	9	
Henry Tucker	9	

**VARSITY COACH:** Nick Puckett  
**MANAGER:** Sara Berge  
**ATHLETIC TRAINER:** Anastasia Berkley, LAT, ATC

**SUPERINTENDENT:** Jim Diagostino  
**ASSISTANT SUPERINTENDENT:** Stacey Monnett  
**PRINCIPAL:** Jon Acton  
**ASSISTANT PRINCIPAL:** Brant Donovan  
**ATHLETIC DIRECTOR:** Scott Stevens, CAA



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# CASCADE HIGH SCHOOL 2018 FOOTBALL



NO.	NAME	GR	POS	HT/WT
1	AJ Sanders	11	WR/DB	6'0"/161
2	John Hurst	10	WR/DB	5'7"/128
3	Dalton Demott	11	RB/DB	5'10"/161
4	Brayden Grable	10	K	5'8"/140
5	Benson Walker	12	TE/LB	6'8"/200
6	Zac Roshong	11	TE/DB	6'1"/181
7	Dylan Kottkamp	11	QB/DB	5'9"/150
8	Zechariah Carroll	11	TE/LB	6'2"/171
9	Trevor Smith	10	WR/LB	6'1"/169
10	Jordan Van Winkle	12	K	6'1"/150
12	Justin Hurst	12	WR/DB	5'9"/155
13	Anthony Passwater	9	WR/DB	5'4"/137
15	Mike Prine	10	WR/DB	5'4"/108
17	Zarik Chmielewski	10	WR/DB	6'2"/152
20	Chayston Vogt	9	RB/LB	6'0"/176
21	Dane DuBois	10	RB/DB	6'1"/190
22	Jackson Mantooth	9	RB/DB	5'11"/160
23	Dalton Butler	12	RB/LB	5'7"/180
24	Mason Tharp	11	WR/DB	5'11"/160
28	Damon Mantooth	10	WR/DB	5'8"/140
30	Cole Edwards	11	RB/LB	6'0"/190
31	Stephen Alderson	10	RB/LB	5'11"/160

NO.	NAME	GR	POS	HT/WT
41	Brenton Holliday	9	WR/LB	5'10"/150
43	Tyler Lambert	10	RB/LB	5'9"/160
44	Connor Horning	12	RB/LB	5'9"/207
45	Clay McPeek	11	RB/LB	6'2"/214
50	Ira Moore	12	OL/DL	6'3"/255
51	Hunter Coats	9	OL/DL	5'11"/185
52	Austin Phillips	10	OL/DL	6'3"/232
53	Jacob Wheat	12	OL/DL	6'0"/200
54	Corey Cook	11	OL/LB	5'11"/191
55	Cameron Ginter	12	OL/DL	6'2"/261
56	Joe Holliday	11	OL/DL	5'10"/180
60	Luke Ramey	9	OL/DL	5'7"/192
62	Brayden Stinnett	11	OL/DL	6'2"/180
63	Aaron Yeadon	11	OL/DL	5'10"/244
66	Wil Lanphier	11	OL/DL	6'6"/264
67	Carter Dugan	11	OL/DL	6'4"/236
68	Deagan Shirar	9	OL/DL	5'9"/200
73	Joe Nogle	10	OL/DL	6'1"/270
74	Jackson Austin	9	OL/DL	5'11"/200
75	Gavin McCloud	11	OL/DL	6'0"/190
77	Ricardo Escudero	12	OL/DL	5'8"/220

**VARSITY COACH:** Steve Spinks  
**ASST COACHES:** Dan Engel, Adams Parsons, Terry Sullivan, Brent Johnson, Mark Chmielewski, Rob Hurst, Aaron Clark, Steve Martin  
**MANAGERS:** Collissa Culbertson, Cheyenne Fanning, Macy Davis, Brinna Walker, Morgan, Foley, Carlee Fulton, Stevie Capps  
**ATHLETIC TRAINER:** Anastasia Berkley, LAT, ATC



**SUPERINTENDENT:** Jim Diagostino  
**ASSISTANT SUPERINTENDENT:** Stacey Monnett  
**PRINCIPAL:** Jon Acton  
**ASSISTANT PRINCIPAL:** Brant Donovan  
**ATHLETIC DIRECTOR:** Scott Stevens, CAA



**CHEER COACHES:** Ashley Moeller, Ashton Davis, Ashley Burelison, Natasha Hutchison, Jessica Todd  
**CHEERLEADERS:** Carrissa Hite, Katherine Miller, Kailey Sumpter, Reigan Viers, Halie Barron, Mackenzie Calvin, Jenna Hack, Katie Pierce, Shelby Ross, Cyenne Smith, Danielle Needham, KateLynn Vazquez





# CASCADE HIGH SCHOOL 2018 GIRLS GOLF



NAME	GR		
Micah Campbell	12		
Anna Littrell	12		
Dixie Short	12		
Grace Engel	11		



**VARSITY COACH:** Walt Marshall  
**ATHLETIC TRAINER:** Anastasia Berkley, LAT, ATC

**SUPERINTENDENT:** Jim Diagostino  
**ASSISTANT SUPERINTENDENT:** Stacey Monnett  
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# CASCADE HIGH SCHOOL 2018 BOYS SOCCER



NO	NAME	GR
3	Kameron Spears	10
4	Aaron Zook	9
5	Jackson Pierce	9
6	Gunner Harbison	12
7	Jacob Huffer	10
8	Blake Stack	10
9	James Andrews	12
10	Brayden Grable	10
11	Avery Zook	12
12	Caleb Owens	10
13	Cayden Acton	9

NO	NAME	GR
14	Joshua Chattin	12
15	Lukas Chattin	10
16	Beau Sharp	9
17	Jordan Van Winkle	12
18	Braden Warren	10
19	Evan Ledford	12
20	Connor Kinkle	9
21	Carsen Cummings	10
22	A.J. Thompson	9
24	Trey Gruca	9
25	Braden Potters	9

**VARSITY COACH:** Kevin Valenti  
**ASSISTANT COACH:** Dan Valenti  
**ATHLETIC TRAINER:** Anastasia Berkley, LAT, ATC

**SUPERINTENDENT:** Jim Diagostino  
**ASSISTANT SUPERINTENDENT:** Stacey Monnett  
**PRINCIPAL:** Jon Acton  
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# CASCADE HIGH SCHOOL 2018 GIRLS SOCCER



NO	NAME	GR
1	Jade Holzhausen	12
5	Abigail Kinkle	12
6	Torie Potters	10
7	Ellie Dugan	10
8	Grace Franklin	9
10	Jayden Stinnett	9
11	Janelle Morris	12
14	Chase Searcy	10
15	Kaylin Cook	9
17	Lauren Guetig	9

NO	NAME	GR
19	Tiffany Lane	11
20	Christa Summers	12
21	Sierra Wise	12
22	Emily Branscum	10
23	Ameya Sims	9
24	Taylor Norris	11
25	Gaby Walker	9
26	Mady Walker	9
27	Chloe Lauder milk	9

**VARSITY COACH:** Kelsie James  
**MANAGER:** Cali Branscum  
**ATHLETIC TRAINER:** Anastasia Berkley, LAT, ATC

**SUPERINTENDENT:** Jim Diagostino  
**ASSISTANT SUPERINTENDENT:** Stacey Monnett  
**PRINCIPAL:** Jon Acton  
**ASSISTANT PRINCIPAL:** Brant Donovan  
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# CASCADE HIGH SCHOOL 2018 VOLLEYBALL



## VARSITY

NO	NAME	GR	POS
1	Madison Mayes	10	DS
2	Juliana Schmidt	10	S/RS
3	Josie Jones	9	OH
4	Sydney Cook	12	MB/OH
5	Madison Trisler	10	DS
6	Taylor Mayes	12	DS
7	Gracie Johnson	11	DS
8	Carly Gibbs	11	OH
9	Kiley Jacobs	11	S/RS
11	Alexa Mucho	10	RS
13	Elizabeth Guetig	11	MB

## JUNIOR VARSITY

NO	NAME	GR	POS
1	Zoe Mendenhall	9	MB
2	Adelyn Wheat	9	OH
3	Alyson Owen	9	S/OH
4	Alyssa Burnett	9	DS
5	Madison Trisler	10	OH/DS
6	Gracie Johnson	11	S/DS
7	Alexa Mucho	10	RS
9	Mallory Phillips	9	S/DS
15	Abigail Broughton	9	S/OH

## FRESHMAN

NO	NAME	GR	POS
4	Ella Cochenour	9	OH
5	Abigail Broughton	9	S
7	Jacklynn Hutte	9	DS
8	Lillian Miller	9	DS
10	Emma Ginter	9	MB
12	Marlee Wathen	9	MB
13	Alexis Cartmel	9	OH
15	Alyssa Burnett	9	DS

**SUPERINTENDENT:** Jim Diagostino  
**ASSISTANT SUPERINTENDENT:** Stacey Monnett  
**PRINCIPAL:** Jon Acton  
**ASSISTANT PRINCIPAL:** Brant Donovan  
**ATHLETIC DIRECTOR:** Scott Stevens, CAA

**VARSITY COACH:** Miranda Maners  
**ASSISTANT COACHES:** Tony Lentz & Mikah Sizemore  
**MANAGER:** Emili McGuyre  
**ATHLETIC TRAINER:** Anastasia Berkley, LAT, ATC

